



Dylan Boudreau

LEADERSHIP & EXECUTIVE COACHING

About

Dylan holds the Certified Professional Co-Active Coach (CPCC) designation from the Co-Active Training Institute, as well as the Associate Certified Coach (ACC) designation from the International Coaching Federation. Moreover, Dylan holds a Project Management Professional (PMP) credential, is certified in the Prosci Organizational Change Management methodology, and is a Certified Practitioner of the Leadership Circle Profile. Dylan's educational background includes an MBA from Saint Mary's University and a Bachelor's Degree in Math and Computing Science from St. Francis Xavier University.

Dylan's exposure to coaching, specifically utilizing the Co-Active model, emerged during a significant period of leadership development and personal career transition. With genuine passion, Dylan endeavors to empower individuals in unlocking their full leadership potential, offering guidance and support along their journey.

Contact

Phone:
902-789-0652

Email:
dylan@dylanboudreau.com

Web:
www.dylanboudreau.com



The Power of Coaching: Self-Awareness, Authenticity, Results

When you invest in coaching for your people, it has a ripple effect. It helps them become better team members, better leaders, and better individuals. Self-awareness helps us lead with our strengths and appreciate complementary strengths in others. Authenticity permits us to feel secure, empowered and accountable in our careers. When we're able to identify clear goals, we can work towards them with greater focus and effect, as we support and motivate others along the way.

A thoughtful approach, fresh perspective, and a process of productive inquiry.

Just as athletes train with a coach to become stronger, more skillful and less prone to injury, executive coaching supports your leaders and employees by presenting pathways to become **more productive, more collaborative and more resilient**. Perspective, new approaches, challenging questions, new tools, resources and empowering support will **unlock your people's potential** to become inspiring leaders, creative problem-solvers, and valuable contributors **in the workplace, and the world.**

Working with a coach is a commitment to move forward with good intent.

My work with leaders is focused on enhancing effectiveness, performance, and impact through private, empowering, coaching conversations.

- Identifying towering strengths and talents
- Rediscovering connection, fulfillment and engagement through work
- Exploring self-limiting beliefs and triggers that limit effectiveness
- Gaining awareness of your impact on those around you
- Finding new, expanded ways to lead more authentically

Reward your people with the clarity, perspective, and tools to help them achieve more.

If you have questions about coaching or about coaching with me, I'm happy to talk.

